



Instruction Manual

Home Ninja System: D-Rings

Home Ninja Sytem: D-Rings

SKU: NW-HCP2060DRH / NW-HCP3060DRH

Recommended Tools:

- ☐ Tape Measure
- ☐ Stud Finder
- ☐ Power Drill
- ☐ T30 Torx Bit
- ☐ 3/16" Drill Bit
- ☐ 9/16" Ratchet



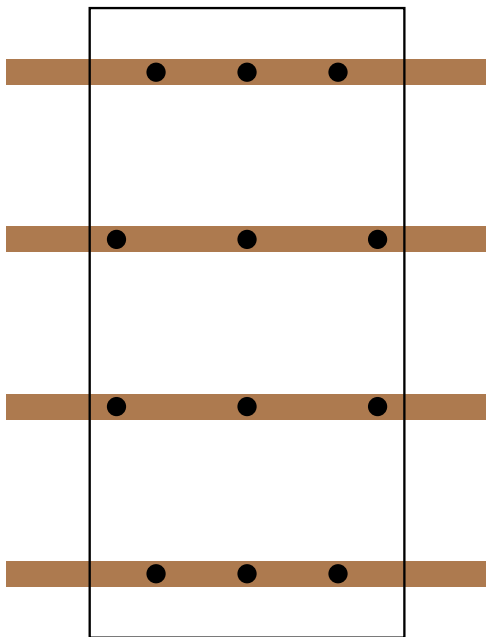
Part Number	Part Description	Quantity
NW-HCP2060DR or NW-HCP3060DR	20" x 58" or 30" x 58" Ceiling Panel with D-Rings	1
1147938	5/16" x 3-1/8" Lag Screws	12 or 16

Need help?

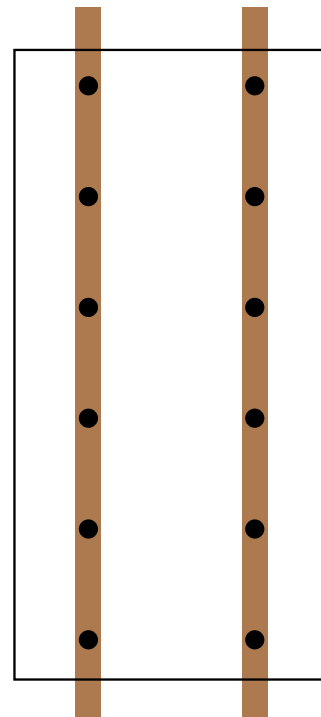
Call 1-800-932-3339 or
Email info@gymsupply.com

Step 2:

Locate the ceiling joists or studs, then pre-drill for each Lag Screw. Use at least three **5/16" x 3-1/8" Lag Screws** per stud, with a minimum of 12 screws per **Ceiling Panel**. While installation across two studs is possible, securing the panel across four studs is recommended for better support. Ensure the **Ceiling Panel** is flush and securely fastened to the ceiling.



Use 3+ screws per stud across 4 studs.



Use 6+ screws per stud across 2 studs.

Weight and Motion Test: Check the stability of the assembled Home Ninja System: D-Rings to ensure there's no movement in the ceiling panel during testing. If no movement, then it is ready to use!